

DANKMEYER

PROSTHETICS & ORTHOTICS

Important Wearing Instructions for your Spleen Guard

Your spleen guard is made of a high temperature plastic with a soft liner. To provide spleen protection, it may limit some motions of your torso. Your physician will advise you on how long you must wear your spleen guard and which activities are permitted.

Applying Your Spleen Guard

1. While standing, position the rigid spleen guard over the appropriate side of your torso. There will be a larger area of the spleen guard in the front of you than the back.
2. Wrap the elastic strap around your waist, from the back to the front. Secure the Velcro snugly on the front of the spleen guard.
3. Reposition the spleen guard as necessary throughout the day.

Skin Care

1. Be sure to bathe daily.
2. Always wear a clean, snug, cotton undershirt (without side seams) under your spleen guard.
3. Wear the spleen guard as snugly as possible to provide ample protection and reduce movement against your skin.
4. ALWAYS contact your Orthotist if your spleen guard is not comfortable and requires adjustment.

Cleaning Your Spleen Guard

Your spleen guard should be cleaned daily with rubbing alcohol or soap and water, thoroughly rinsed, and towel dried.

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